

Safety requests

Please cut grapes and cherry tomatoes in half to avoid a choking risk, and avoid nut products eg peanut butter, Nutella

Alternatives to bread:

Wraps mini rolls crackers pitta rice crackers crispbreads
bagels breadsticks

Leftovers:

Pizza quiche sausages cooked chicken cold meats cous cous
soup pasta

Things to dip (eg houmous, cream cheese)

Sticks of carrot, cucumber, pepper raw broccoli olives

Funky ideas

Cubes of cheese and ham peas and sweetcorn from the freezer
malt loaf boiled egg individual jelly

Different fruit ideas

Dried apricots, banana, raisins, mango etc tinned fruit in juice
chopped grapes or melon plums

Packing a lunch

Cool packs on hot days weaning pots for dips silicon cup cases for
small chopped items takeaway pots
mini reusable snack bags eg Baco Rainbow Snack Bags

Please turn over for some lunch box pictures and visit the pre-school website for more lunch box pictures and food weblinks